

GUINOT CLINICAL TREATMENT

Double Natural Peel

The AHA is derived from sugar cane, apple, grapes and citrus fruit which assist in eliminating dead skin cells. The pure Vitamin C curbs melanin production for an anti-pigmentation effect.

90 minutes

Member - 1 Session: \$150 / Package of 5: \$700

Non-Member - 1 Session: \$170 / Package of 5: \$790

Rejuvenating Lifesome Treatment

Invigorates and firms the face with Pro-collagen. This lifting treatment tightens the fibers of the face to help restore elasticity, tone and texture. The skin will instantly look more youthful and supple.

90 minutes

Member - 1 Session: \$200 / Package of 5: \$930

Non-Member - 1 Session: \$230 / Package of 5: \$1,070

TREATMENTS

Intensive Eye Treatment

Helps eliminate the appearance of dark circles, puffiness and enhances hydration.

30 minutes

Member - 1 Session: \$50 / Package of 5: \$230

Non-Member - 1 Session: \$57 / Package of 5: \$240

Breast Firming

Creates a younger-looking bust and smoothes the décolleté' (chest).

50 minutes

Member - 1 Session: \$80 / Package of 5: \$370

Non-Member - 1 Session: \$90 / Package of 5: \$380

SEMI PERMANENT MAKEUP

Permanent Makeup: By appointment only.

WAXING SERVICES

We only use the finest waxes available.

Eyebrows - \$10 Lip Waxing - \$8 Chin - \$10
Full Face - \$40 Back - \$50 & Up Chest - \$50 & Up
Half Arm - \$25 Full Arm - \$40 Half Leg - \$25
Full Leg - \$45 Bikini - \$25 & Up



Prices do not include NJ State Sales tax. We require a 24 hours notice to cancel or reschedule your appointment without charge. Sauna use is permitted on days of received massage. Guests must provide a valid credit card number at the time they make an appointment. All sales are final and are non-refundable, non-exchangeable and non-transferable. Massage therapists and body workers are subject to change without notice.

* Use of Sauna is included on days of received massage.

* Gratuity - not included in service price, 20% industry standard.

* Gift Certificates are available and prices do not include NJ state sales tax.

My Appointment is On:

Service: _____

Day: _____

Time: _____ : _____ am / pm

esse rose inside of
CGI Holistic Fitness & Spa
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esse rose

Beauty Salon & Spa



GRAND RE-OPENING



Featured by **FOX5** & *The Record* as a
"High Quality Health Club & Spa"

Chosen by **BERGEN** Health & Life as
"2011 Best Spa in Bergen County"

Spa Hours: Monday - Saturday 9am - 7pm

MASSAGE THERAPIES

Swedish Massage

A relaxing and invigorating massage. Utilizes techniques which include kneading, friction, tapping, percussion, vibration, effleurage, and rocking motions. It promotes overall health and well-being.

Member - 60 minutes: \$80 / 90 minutes: \$120

Non-Member - 60 minutes: \$100 / 90 minutes: \$150

Deep Tissue Massage

A deep-tissue massage helps to loosen muscle tissues, and release toxins from muscles while increasing blood and oxygen circulation.

Member - 60 minutes: \$90 / 90 minutes: \$130

Non-Member - 60 minutes: \$110 / 90 minutes: \$150

Lomi Lomi Hawaiian Massage

Lomi Lomi is a beautiful form of transformational Hawaiian massage that integrates physical and energetic healing. The intention of a Lomi Lomi massage is to create a completely safe and sacred space for the client by offering them Aloha - total acceptance.

(90 minutes only)

Member: \$150 / Non-Member: \$175

Reflexology

Reflex areas on the feet (and hands) correspond to all parts of the body, including major organs. These areas are stimulated by applying pressure to the feet with thumb and fingers, clearing out congestion and restoring normal function and health.

Member - 30 minutes: \$50 / 60 minutes: \$65

Non-Member - 30 minutes: \$65 / 60 minutes: \$80

Shiatsu/Acupressure Massages

Shiatsu utilizes a combination of pressure and assisted stretching techniques. Great for those who are stressed out and feel as if they are tied up in knots.

Member - 60 minutes: \$90 / 90 minutes: \$130

Non-Member - 60 minutes: \$110 / 90 minutes: \$150

Brazilian Toe Technique (Add-On)

This add-on will further enhance a full hour massage session by using a powerful method to clear toxins so that you feel grounded.

(15 minutes only)

Member: \$25 / Non-Member: \$35

Reiki (Add-On)

Reiki treats the whole person's entity which includes the body, emotions, mind and spirit. It creates many beneficial effects that include relaxation and feelings of peace, security and well-being.

Member - 30 minutes: \$45 / 60 minutes: \$90

Non-Member - 30 minutes: \$55 / 60 minutes: \$110

Deluxe Back Massage (*Acupressure)

This unique hand technique reduces stress, increases circulation and loosens tired muscles. This massage will be finished with a Cellutron treatment.

50 minutes

Member - 1 Session: \$80 / Package of 10: \$680

Non-Member - 1 Session: \$90 / Package of 10: \$770

Stress Relief Back Treatment (*Indiba)

Beneficial for muscle pain, stiff shoulder, and neck/back problems.

60 minutes

Member - 1 Session: \$120 / Package of 10: \$1,000

Non-Member - 1 Session: \$135 / Package of 10: \$1,150

Upper Body & Facial Treatment (*Indiba)

Increases circulation and eliminates fat from the organs. Therefore, it helps brighten your complexion. Indiba treatment decreases the chance of cancer and encourages cancer recovery.

140 minutes

Member - 1 Session: \$250 / Package of 10: \$2,100

Non-Member - 1 Session: \$285 / Package of 10: \$2,400

Lower Body Treatment (*Indiba)

Lifts and firms the buttocks while relieving fatigued muscles and strengthening joints of the lower body. Also promotes ovarian health for women.

60 minutes

Member - 1 Session: \$150 / Package of 10: \$1,250

Non-Member - 1 Session: \$ 170 / Package of 10: \$1,450

Full Body & Facial Detox (*Indiba)

Smooths cellulite, slims, and contours your body while increasing circulation. Similar to physical therapy as it promotes pain relief.

180 - 200 minutes

Member - 1 Session: \$350 / Package of 10: \$2,950

Non-Member - 1 Session: \$395 / Package of 10: \$3,350

SKINCARE (FACIALS)

European Facial

Improves the level of hydration and restores balance to the skin. This facial includes cleansing, exfoliation, steam and a specific mask for your skin type.

60 minutes

Member - 1 Session: \$75 / Package of 10: \$635

Non-Member - 1 Session: \$85 / Package of 10: \$720

Purifying Facial (Acne Care)

Reduces blemishes and blackheads while tightening pores and eliminating oily skin. Normalizes excess sebum and restores the skin's healthy balance.

60 minutes

Member - 1 Session: \$90 / Package of 10: \$765

Non-Member - 1 Session: \$100 / Package of 10: \$850

Natural Firming & Lifting Facial (*Acupressure)

This treatment is like yoga for your face, as it exercises the facial muscles. It helps fight lines and wrinkles which result in a radiant glow.

90 minutes

Member - 1 Session: \$100 / Package of 10: \$850

Non-Member - 1 Session: \$110 / Package of 10: \$940

Revitalizing Beauty Facial (*Indiba)

This amazing facial smooths wrinkles and revitalizes the skin.

100 minutes

Member - 1 Session: \$150 / Package of 10: \$1,275

Non-Member - 1 Session: \$170 / Package of 10: \$1,445

Men's Facial

A nourishing facial formulated for men. Great for skin that has been irritated by shaving, or those with dull complexions. This facial provides a deep cleaning that will brighten the skin.

60 minutes

Member - 1 Session: \$100 / Package of 5: \$460

Non-Member - 1 Session: \$110 / Package of 5: \$500

*Indiba: Technology that works from within. Its deep action mobilizes ions to release energy inside the body. It optimizes the ionic exchange to balance the electric potential in the tissues.

*Acupressure (Kyung-lahk): Acupressure massage keeps skin radiant. It provides a non-surgical face lift and promotes blood circulation throughout the body.